

# Get to know SoulPaws Recovery Project!



SoulPaws Recovery Project is an accredited nonprofit organization dedicated to supporting children and adults with eating disorders.

**We unleash the therapeutic power of the human-animal bond, blending neuroscience with animal-assisted interventions.**

## Our Why

- Of the thirty million Americans who are diagnosed with an eating disorder, less than 20% receive treatment due to systemic and financial barriers
- One person dies as a direct result of their eating disorder every 52 minutes
- Eating disorders are complex brain disorders with the second highest mortality rate of any psychiatric condition



[soulpawsrecovery.org](http://soulpawsrecovery.org)

# SoulPaws Healing Circles

Our signature "Healing Circles" provide a safe space to connect with therapy animals, peers, and trained clinical facilitators. Our groups are open to adolescents and adults and often involve a variety of therapy animals including miniature horses, dogs, rabbits, guinea pigs, and rats.

Facilitators guide participants through the Three Pillars of SoulPaws -- **Calm, Connect, Heal** -- created in partnership with SoulPaws advisor, Dr. Bruce Perry, Principal of the Neurosequential Network.

We are currently in the process of developing a virtual Facilitator Training Program to expand access to our services nationwide.



## SoulPaws Provides

### An Accessible Resource

Our support groups are free, open to everyone, and led by clinicians. Many of our facilitators have lived experience with eating disorders, and all are trained to serve from the lens of justice, equity, diversity, and inclusion.

### Community and Connection

We utilize licensed therapy animals to cultivate a sense of safety and connection within our support groups. We aim to extend participants' therapy networks to include animals—those present at the workshops, and those in their own lives.



### Evidence-Informed Approach

The three program pillars are inspired by Dr. Bruce Perry's Neurosequential Model and the role that emotion regulation plays in building connection and healing from mental health challenges.

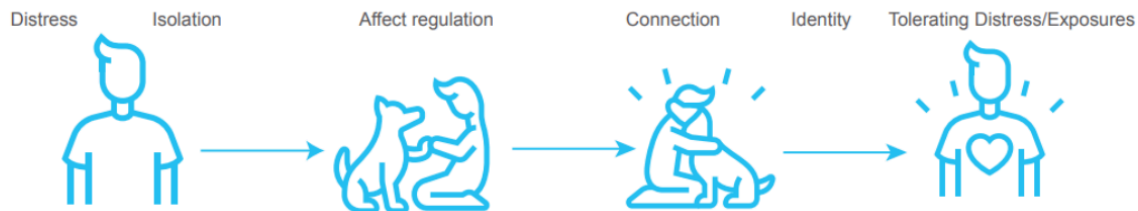
### Known and Potential Benefits of AAI

While many studies demonstrate the power of animal-assisted therapy, SoulPaws aims to build upon that work and further explore the powerful healing potential animals can contribute specifically to those recovering from eating disorders.

*\*While SoulPaws Workshops serve as a supportive tool in the process of recovering from an eating disorder, they are not meant to replace professional treatment. [A trained, professional treatment team with expertise in eating disorders is recommended.](#)*

## Animals as a Bridge to Healing

The animal, through the experience of AAI, has the potential to become the “symbolic bridge” that is necessary for eating disorder patients to link various aspects of self-experience, rebuild connection, and build skills that regulate affect. (Petrocelli, 2014, p. 22).



# Join the SoulPaws Pack!

Partner with SoulPaws at the Bronze, Silver, Gold or Platinum level to change lives and expand access to our services nationwide. Contact [soulpawsbox@gmail.com](mailto:soulpawsbox@gmail.com) or visit our [website](#) to explore partnership benefits like:

**Founding Partner Recognition:** SoulPaws is launching its first-ever Facilitator Training Program to expand access to our programming. As a Founding Partner, your organization will be instrumental in this expansion and have the program named (indefinitely) in your honor.

**Workplace Wellness Events:** Offer your employees an unforgettable experience with a signature SoulPaws Mental Wellness event featuring amazing therapy animals, keynote speakers and more.

**Enhanced Patient Care:** Partner with SoulPaws to bring specially trained animals and facilitators to your patients, providing unforgettable comfort and support on their journey to healing.

**Increased Brand Visibility:** Align your brand with our mission and reach a wider audience!

